

# Spring Cleaning



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YOUNG LIVING  
PURE ESSENTIAL OILS

DOESN'T HAVE TO BE DIRTY WORK!

# Trash Can Scrub



- Empty trash can and fill with water.
- Pour 1-2 capfuls of Thieves Household Cleaner directly into the can (1 capful for a small can, 2 for a large one).
- Let sit for several hours.
- If needed, scrub stubborn stains with a brush.
- Empty can and wipe dry.
- For an ongoing fresh scent, place a few drops of Eucalyptus Globulus essential oil on a cotton ball and put it in the bottom of the trash can before replacing the liner.



# Stovetop Scrub



- In a spray bottle or bowl, combine the following:
- 1 capful Thieves Household Cleaner
- 1 drop Pine essential oil
- 1 cup water
- Apply with cloth to remove buildup
- When grease is gone, wipe clean with a damp cloth.





# Garbage Disposal Refresher



- Pour one capful of Thieves Household Cleaner down the disposal.
- Let sit 5 minutes.
- Add ½ cup baking soda and ½ cup white vinegar.
- Let sit until fizzing stops.
- Bring 4 cups of water to a boil; pour down the drain.
- Turn on disposal and run cold water for 30 seconds.
- Pour 3 drops of Purification® essential oil blend in the disposal for an extra-fresh scent.



# Wood Cabinet Polish



- In a spray bottle or bowl, mix the following:
- 5-10 drops Pine essential oil
- ½ cup olive oil
- ½ capful Thieves Household Cleaner
- Apply evenly to cabinets with a damp cloth.
- If cabinets have heavy buildup, extra scrubbing may be required.



# Dishwasher Cleaner



- In the bottom of the dishwasher, add the following:
- ½ capful of Thieves Household Cleaner
- 3 drops Jade Lemon essential oil
- 1 cup white vinegar
- Run empty dishwasher through a full cycle. Do not add detergent.





# Oven Scrub



- In a spray bottle or bowl, mix the following:
- ½ cup white vinegar
- ½ capful Thieves Household Cleaner
- ½ tablespoon Thieves dish soap
- 2 drops Thieves® essential oil blend
- Avoiding the heating elements, sprinkle baking soda liberally on the bottom of the oven, and then spray with Thieves Household Cleaner and vinegar mixture.
- Let sit until it stops bubbling.
- Scrub stubborn spots with a sponge.
- Wipe the rest of the cleaner off with a damp cloth and rinse well, making sure to remove all baking soda and essential oils before using oven again



# Microwave Cleaner



- In a microwave-safe bowl, mix the following:
- 1 tablespoon Thieves Household Cleaner
- 2 cups water
- 1 drop Purification essential oil blend
- Microwave for 2 minutes.
- Wipe down the microwave using a damp rag—the heat and steam from the solution in the bowl should make removing grime easy.





# Stainless Steel Cleaner



- In a spray bottle, mix the following:
- ½ capful Thieves Household Cleaner
- 2 tablespoons olive oil
- Buff the cleaner into the stainless steel with a damp, lint-free cloth.
- Wipe off excess with a clean, dry cloth.



# Soft Scrub



- In a bowl or spray bottle, mix the following:
- ½ cup baking soda
- 5 tablespoons liquid castile soap
- ½ capful Thieves Household Cleaner
- 3 drops Lemon essential oil
- To use: Apply the mixture with a damp cloth or brush and scrub away.
- Rinse well after finished cleaning



# Prevent Shower Soap Scum



- In a spray bottle, mix the following:
- ½ capful Thieves Household Cleaner
- 10 drops Tea Tree essential oil
- 4 cups water
- Spray shower walls and door daily.
- Squeegee excess off



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# Shower Door Deep-Clean



- In a spray bottle, mix the following:
- ½ capful Thieves Household Cleaner
- ½ cup vinegar
- 1 tablespoon Thieves Dish Soap
- 1 cup water
- 1 drop each Lemon and Grapefruit essential oils
- Spray liberally onto the surface and scrub with a sponge to remove spots.
- Rinse well and dry



# . Shower Head Cleaner



- In a plastic bag, mix the following:
- 1 teaspoon Thieves Household Cleaner
- $\frac{3}{4}$  cup white vinegar
- Attach the full bag to faucets and fixtures with rubber bands.
- Leave for several hours.
- Scrub with a coarse brush if needed to remove hard water stains.
- Rinse well.
- This should be done about once a month or every other month



# Upholstery Cleaner



- Combine 1 capful of Thieves Household Cleaner with 1-2 cups baking soda. Mix well.
- Let sit for 24 hours to thoroughly combine.
- Add 5 drops of Lavender essential oil for an extra boost of freshness.
- Sprinkle the powder lightly over furniture and wait 1 hour.
- Use a stiff brush and back-and-forth motions to work the cleaner into the fabric; then vacuum up the excess.
- YL tip: You can also use this technique on car upholstery, mattresses, carpets, and rugs





# Carpet Spot Cleaner



- In a spray bottle or bowl, mix the following:
- 1 capful Thieves Household Cleaner
- 6 cups water
- Mix well, apply to the spot, and blot with a clean cloth
- Repeat until stain is gone



# Car Seat Cleaner



- Mix 2 drops of Thieves Household Cleaner with 2 cups of water in a spray bottle
- Spray plastic and fabric lightly and wipe with a soft cloth
- To clean the harness, mix a small amount of baby wash with 2 cups of water
- Gently wipe with a soft cloth
- Avoid hard scrubbing or soaking
- Let everything dry completely before using



# Car Interior Spray



- In a spray bottle, mix the following:
- 1 capful Thieves Household Cleaner
- 2-3 cups water
- Spray dash, cupholders, console, interior handles, and more! Then wipe with a damp cloth.
- YL tip: Get into hard-to-reach places (e.g., air vents, cupholders) with cotton swabs



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# Wall Art Remover



- Apply a splash of Thieves Household Cleaner and 3 drops of Lemon essential oil to a damp rag
- Wipe drawings off the walls
- Repeat until the art is gone

**Bonus Tip:** A spritz of Thieves Spray can also remove permanent marker from a wall



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# Multi-Purpose Cleaner



- In a spray bottle, mix the following:
- 1 capful Thieves Household Cleaner
- 2-3 cups water
- Spray liberally and wipe with a damp cloth



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# Deep Cleaning Scrub



- In a glass bowl, mix the following:
- ½ capful of Thieves Household Cleaner
- 2 tablespoons baking soda
- Form a thin paste.
- If the cleaner is too thick, add more Thieves Household Cleaner. If it is too runny, add more baking soda.
- Apply with a clean cloth or a sponge, scrub surface thoroughly, and rinse clean
- **NOTE:** If you don't want to DIY, purchase Young Living's Thieves Scrub!



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# Glass Cleaner

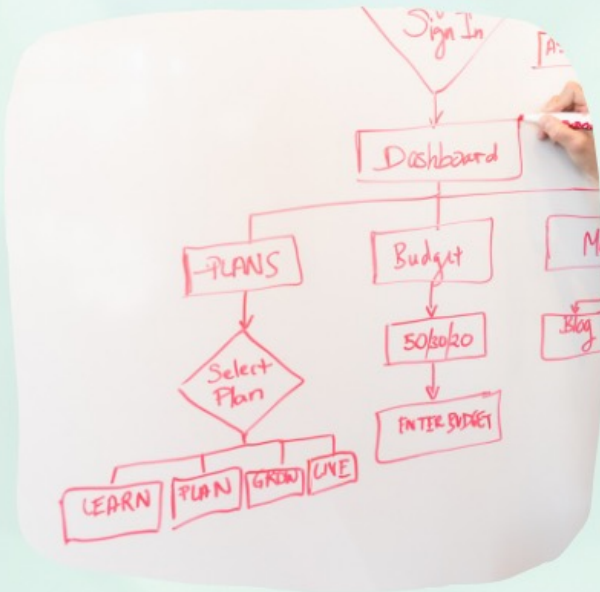


- In a spray bottle, mix the following:
- 3 cups water
- 5 drops Citrus Fresh™ essential oil blend
- 1 tablespoon vinegar
- 1 capful Thieves Household Cleaner
- Spray onto glass and wipe away streaks with a soft cloth





# Whiteboard Eraser



- Apply a few drops of Thieves Household Cleaner to a damp washcloth.
- Wipe board clean



# Wood Floor Cleaner



- In a bucket, mix the following:
- 4 cups water
- 2 tablespoons white vinegar
- 2 tablespoons grape seed oil
- 1 capful Thieves Household Cleaner
- 5 drops Orange essential oil
- Mop your wood floors!



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# Carpet Freshener



- 16 ounce Mason Jar and daisy lid
- 16 ounces Baking Soda
- 20 drops essential oil(s) of your choice (15 drops orange/tangerine and 5 drops cloves, smells amazing)
- Place baking soda in mason jar, add essential oils, gently stir with a dinner knife or instrument of your choice. Allow to sit overnight so the oils can “marry” with the baking soda. Sprinkle on carpet, as needed and vacuum.
- Be sure to test a small spot on any surface you may question.



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# Window Blind Cleaner



- Mix the following in a bowl:
- 1 capful Thieves Household Cleaner
- 1 cup water
- ½ cup white vinegar
- Use an old sock as a cleaning mitt
- Dip the “mitt” into the cleaning solution; go over each slat until they’re all clean



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# Dusting Spray



- 1 tsp Thieves Household Cleaner
- ½ cup distilled water
- ¼ cup walnut oil
- 15 drops tangerine essential oil
- Mix together all ingredients in an 8-ounce glass spray bottle. Use as you would any dusting spray
- \*Be sure to test any surfaces you may question.



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# Toilet Bowl Cleaner



- 1/3 bottle of Thieves Dish Soap concentrate
- 1 tablespoon baking soda
- 1 tablespoon washing soda
- ½ capful Thieves Household Cleaner
- 10 drops YL Lemon essential Oil
- In an empty Thieves Dish Soap bottle, combine the above ingredients
- Fill the rest of the bottle with hot water, leaving room to shake and mix
- Apply mixture under the rim of the toilet and scrub the entire bowl and under the edge

